

# Eating on the Run

by Jennaye Derge

This week marks the first official week of fall: kids are back in school; the mornings are chilly; the nights even chillier; and the trusty chili crockpot once again has come out of storage. While summer-lovers may try to run away from it all, last Saturday dozens of runners showed up for Backcountry Experience's annual Chile Chase, a fund-raiser for the San Juan Mountains Association. The 5k was just enough for runners to work up an appetite for the more than 20 chilis that were being served up afterward. It was enough to chase off those morning chills – at least for a little while longer.



Chili, that mother of all comfort foods, at least here in the Southwest.



Ben Rockis, of Backcountry, serves up a taster.



Runners in Saturday morning's 5K hit the ground running at Iris Park.



What better reward than homemade chili at the end?