Let the good times roll

by Jennaye Derge

e work hard so we can play hard, and last weekend thousands put that mantra into motion - twowheeled motion. Swarms of metal steeds inundated local streets and trails for Iron Horse weekend, showing us all what working hard while playing hard really looks like. Whether grinding up and over mountains, speeding through packed restaurants, doing laps on local singletrack or lapping up beer - one hand still on the handlebars riders gave new meaning to what it means to be a bike friendly town. Of course, none of it would have been possible without the cheering spectators and the tireless work of volunteers who make the Iron Horse run like the well-oiled machine that it is. And a little cooperation from Mother cross country race on Sunday. Nature didn't hurt, either.



Going into the "tuck and roll."



Flower power saves the day.



Always a crowd pleaser: the Steamworks obstacle course



A rider rears his metal steed through Steamworks during the "high-profile segment" of Mountain Bike Specialists'



More cowbell!



Live music offered a pleasant diversion.



Racers put on their game face at the beginning of the mountain bike circuit race Sunday afternoon.